

Oakland Community Acupuncture **Patient Informed Consent Agreement:**

I agree to receive acupuncture treatments and related therapies by Christopher Randle and Kil-Young Yu, L.Ac. Treatment methods may include, but are not limited to, acupuncture, Tui-Na massage and bodywork, cupping therapy, herbal medicine, nutritional supplements, heat and moxibustion therapy, electro-stimulation, physiotherapy exercises, as well as lifestyle and nutrition counseling.

I have been informed that acupuncture is very safe, but it may have side effects, including bruising, numbness or tingling near the needling sites that may last a few days, and in rare cases dizziness or fainting. Unusual risks of acupuncture include spontaneous miscarriage, nerve damage, and organ puncture. Infection is also a possible risk. However, I understand that Christopher Randle and Kil-Young Yu, L. Ac. uses only sterile disposable single-use needles, and maintains a clean and safe environment. Tui-Na massage therapy is very safe but may lead to temporary muscle soreness, redness, or bruising. Burns and scarring are potential risks of heat or moxibustion therapy. Bruising is a common side effect of cupping.

The herbs and nutritional supplements used in Traditional Chinese Medicine are considered safe but may have potential side effects. I understand that some herbs may be toxic at large doses, and some herbs may be inappropriate to take during pregnancy. I will notify Christopher Randle and Kil-Young Yu, L.Ac., immediately if I notice any unanticipated or unpleasant side effects associated with the consumption of herbal medicine or nutritional supplements.

I do not expect Christopher Randle and Kil-Young Yu, L.Ac., to be able to anticipate and explain all possible risks and complications of treatment, and I wish to rely on them to exercise judgment during the course of treatment to make decisions that are in my best interest, based upon the facts then known.

I understand that the clinical and medical staff may review my files but all my records will be kept confidential and can only be released under my personal written consent, or when required by law.

If I am unable to make a pre-scheduled appointment, I agree to cancel at least 24 hours in advance. I understand that failure to do so will result in my being **charged the full amount** of the treatment price. I also understand that if I am more than 15 minutes late to an appointment, the remainder of the time-slot may be given to another client.

By voluntarily signing below, I show that I have read (or have had read to me) and understood this consent to treatment. I have been told about the risks and benefits of acupuncture and related therapies and have had an opportunity to ask questions. This consent form shall cover the entire course of treatment for my present condition and for any future conditions for which I seek treatment.

Print Name of Patient (and Representative)

Christopher Randle & Kil-Young Yu
Print Name of Practitioner

X
Patient Signature/Date

Christopher Randle & Kil-Young Yu

Our Office Announces New Scanning Technology

Dear Patient,

We are excited to announce the Pharmanex Antioxidant Laser Scanner will now be part of the services we offer to address your overall health care. Knowing your antioxidant level is as important as knowing your cholesterol levels, or your blood pressure. Current medical literature suggests that antioxidants can decrease your risk of cancer, heart disease, and complications related to diabetes. Antioxidants can slow down the aging process, boost your immune system, and speed recovery time while decreasing pain and inflammation. Since most Americans do not eat 8 – 12 servings of fruits and vegetables daily, it is important that you take a vitamin supplement that can provide optimal nutritional support and effectively raise your overall antioxidant level.

In the past we have made very few vitamin recommendations because most products are poorly absorbed and ineffective. We have become aware of new technology called the Pharmanex BioPhotonic Scanner which enables us to provide a non-invasive, painless, accurate, and low cost assessment of your nutritional status. We have implemented this assessment so we can recommend appropriate nutritional supplements to assist you in maintaining better health. Safety and scientifically-backed recommendations are of utmost importance and will parallel the standard of care you have come to know from us.

We fully indorse the Pharmanex BioPhotonic Scanner Program and the Pharmanex family of products. Lifepak Nano is the most effective and comprehensive dietary supplement available. Pharmanex conducts the most in-depth research, uses the most advanced science, and uses the highest quality ingredients that are available in order to produce superior products. We are personally taking the Pharmanex products and feel that we have more energy, stamina and that our overall health is improving.

Scans will be offered for \$20. Should your Antioxidant level be low, we will show you how to increase your Antioxidant defenses simply, effectively, measurably, and guaranteed. We have a special arrangement with Pharmanex that allows you to buy the product through our office at the lowest price. Comprehensive nutritional support programs range from \$1 to \$4 per day. Keep in mind that an ounce of prevention is worth a pound of love.

Sincerely,
OCA Team

PS – We encourage you to schedule Family and Friends as well.

Please print your name and phone number and check one of the boxes below for patient record

Patient Name: _____ Phone Number: _____

- I commit to better health by raising my antioxidant protection with Lifepak Nano and a healthier lifestyle.
- I am interested in getting scanned to find out if I have adequate antioxidant protection and/or would like to know how well my vitamins are working.
- I am interested in getting my entire family scanned to find out if we have adequate antioxidant protection and/or would like to know how well our vitamins are working.
- I am not interested at this time and have decided not to take the practitioners' recommendation.